

Test to Release

We can now arrange Test To Release via Circular 1 Health for patients at the practice in order to reduce self-isolation after international travel.

This is not available to those who have been in or through any country that is subject to a travel ban in the ten days before arrival.

On your Passenger Locator Form:

- Opt in for test to release
- For test provider write "Circular 1 Health"
- For booking reference number write your date of birth without spaces
 - e.g. 30071966 for 30th of July 1966
- A new passenger locator form must be completed if opting in to test to release after arriving in the UK

Appointment

- Book an appointment at the practice on the fifth full day of isolation
 - Count five full 24hr periods after your time of arrival
 - e.g. if arriving 12th March at 5pm, from 5pm on the 17th

Results

- Results will be communicated by text message, with a certificate sent by email shortly afterwards
- For appointments prior to 11am, expect your results that evening
- Otherwise, expect your results by the end of the following day
- Results will be sent to us at the same time as they are sent to you, but if you are experiencing a significant delay please contact us by email

It is your responsibility to confirm your eligibility for test to release by checking the latest guidance at www.gov.uk/uk-border-control